



Dalmain Primary School

Dalmain Skipping Club

Skipping Club will commence next Wednesday 25 July.

Skipping Club is for Year One to Year Six students who are keen to have fun skipping while improving their fitness.

Skipping Club will be run on Wednesdays from 8.10am - 8.30am in the undercover area. Students must return the completed permission form to the office before they can attend.

Parents are welcome and encouraged to come along and help turn ropes. Help with rope turning is required so the children can learn long rope and multi rope skills and tricks.

Skipping ropes are available, however, students can bring a rope from home if preferred.

Kind regards

Jane Ridley
Physical Education Teacher

✂-----

SKIPPING CLUB PERMISSION NOTE

Please return this permission slip to the office.

I give permission for my child _____ to attend the Skipping Club sessions on Wednesday mornings from 8.10am - 8.30am in the undercover area. The sessions will commence from Wednesday, 25 July.

Parent Name _____

Signed _____ Date _____