



# Dalmain Delights Café

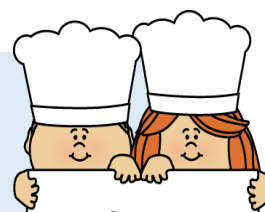
## 2018 Term One Menu

Open Wednesday, Thursday & Friday 8:20am-2pm

Lunch Orders Need to be Placed Before 9am

☆☆ Green Rating

☆ Amber Rating



Watch Board for Specials

Add a Fruit or Veggie Salad for Only \$1

### Recess

Available Recess Only---No Pre-Orders  
Selection Varies

- ☆☆Crunch 'n Sip Snack \$1.50
- ☆☆Veggies & Dip \$1.50
- ☆☆Fruit Skewer \$1.00
- ☆☆Fruit Smoothie \$1.50
- ☆☆Yogurt/Muesli Cup \$1.50
- ☆☆Popcorn .50
- ☆☆Wholemeal Quiche \$1.50
- ☆Homemade Muffins \$1.50
- ☆☆Bunny Bread \$1.50
- ☆☆Monkey Bread \$1.50
- ☆☆Cheesie \$1.00
- ☆☆Pizza Slice \$1.00
- ☆☆Potato Wedges \$1.00
- ☆☆Mac & Cheese Cup \$1.50
- ☆Nacho Cup \$2.00
- ☆☆Corn on the Cob .80
- ☆Dinosaur Nuggets .50
- ☆☆Pikelets .50
- ☆☆Frosty Ice \$1.00
- ☆☆Frozen Pineapple Ring .50

### Lunch Drinks

- ☆☆Hi-Lo Milk \$1.50
- ☆☆Bottled Water \$1.00
- ☆☆ Sipahh Straw Milk \$2.00  
(Chocolate, Banana, Vanilla, Strawberry, Choc-Mint, Hokey-Pokey, Coconut Kiss, Mango, Caramel, Marshmello)
- ☆Pop-Tops \$2.00  
(Apple, Orange or Apple/Blackcurrant)

Bags Available in Canteen 10c each or \$1 for 20 bags  
Avoid Staples & Taping Order Bags

### Salad Bowls

- ☆☆Mixed Lettuce, Tomato, Cucumber & Carrot \$3.50
- ☆☆Add Chicken/Ham/Egg \$4.50

### Sandwiches / Rolls

Served on Wholemeal Bread Or White by Request  
Sandwich / Roll

- ☆☆Vegemite & Butter \$2.50 / \$3.00
- ☆☆Salad \$3.00 / \$3.50  
(Lettuce, Tomato, Cucumber, Carrot)

Salad Sandwich with:

- ☆☆Ham, Chicken or Egg \$4.00 / \$4.50
- ☆☆Sandwich Add-Ons

Cheese, Pineapple, Tomato, Cucumber,

Lettuce, Carrot or Beetroot +50c each

☆Add Mayo, Mustard or Pickles By Request

### Toasties

- ☆☆Cheese \$3.00
- ☆☆Cheese & Ham \$4.00
- ☆☆Cheese & Tomato \$3.50
- ☆☆Cheese, Ham & Tomato \$4.50

### Pasta

- ☆Pasta Spirals with Butter \$2.50
- ☆☆Pasta with Vegetable Sauce \$3.50
- ☆☆Pasta with Sauce & Meatballs \$4.50

### Lunch Ice Creams

- ☆Quelch 99% Fruit Juice Icy Pole .50
- ☆½ Quelch .30
- ☆Vanilla Ice Cream Bucket \$1.50
- ☆☆Frozen Yoghurt \$2.00  
(Strawberry, Raspberry or Mango)
- ☆Paddle Pops \$2.00  
(Chocolate, Rainbow & Banana)
- ☆☆Frosty Ice \$1.00  
(Chocolate, Banana, Strawberry, Neapolitan)



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2018 Term One Menu

## Daily Specials

☆☆ Green Rating

☆ Amber Rating



### Wednesday Specials

- ☆☆ Beef Burger \$5.00  
100% Australian Beef Patty on a Fresh Baked Bun Served with Lettuce, Tomato, Cucumber & Tomato Sauce  
Add Cheese \$5.50
- ☆☆ Chicken Burger \$5.00  
Crispy Baked Chicken Breast on a Fresh Baked Bun Served with Lettuce, Tomato, Cucumber & Aioli  
Add Cheese \$5.50
- ☆ Hot Dog on Fresh Baked Bun \$3.50  
Low-Fat Hot Dog on a Fresh Baked Bun Served with Tomato Sauce
- ☆ Chicken Nuggets \$3.00  
Five Crispy Baked Chicken Breast Nuggets Add a \$1 Salad and Make it ☆☆☆
- ☆☆ Homemade Macaroni & Cheese \$3.50  
Classic Macaroni Paired Beautifully with a Creamy Family Recipe Cheese Sauce

### Thursday Specials

Pre-Order Sushi for Friday!

- ☆☆ Homemade Pizzas \$3.50  
Freshly made pizza with your favourite toppings. Choose From:  
Hawaiian Cheese BBQ Meat Vegetarian Ham & Cheese Chicken
- ☆☆ Roasted Chicken Wings \$4.50  
Three Roasted Chicken Wings Served with Rice & Veggies
- ☆☆ Warm Tortilla Wrap \$4.50  
Crispy Chicken Tender on a Soft Tortilla Accompanied by Fresh Lettuce, Tomato, Cucumber & Aioli

### Friday Specials

- ☆☆ Pre-Ordered Sushi (Before 3pm Thursday) \$6.00  
Fresh Quality Sushi from Matsuya in Kingsley (Tray of 6 Rolls includes Soy Sauce)  
California Tuna Chicken Teriyaki Combo
- ☆ Homemade Sausage Roll \$4.00  
Freshly Baked Vegetable & Pork Sausage Wrapped in a Flaky Pastry
- ☆ Half Sausage Roll \$2.00  
+Tomato Sauce .30c
- ☆ Chicken Tenders \$3.50  
Two Crispy Baked Chicken Breast Tenders; Add a \$1 Salad to Create a Healthier Option
- ☆☆ Fish Bites with Salad \$5.00  
Bite Sized Pieces of Fish Lightly Crumbed & Freshly Baked  
Served with Choice of Garden or Fruit Salad, Lemon Wedge & Tartare Sauce

**We Promote Healthy Eating; Using the Freshest Produce Available, Utilising Fruit/Vegetables from the DUG when Possible. While We Endeavour to Reach the Highest Standard, Volunteers are Required & Sincerely Appreciated. If Unable to Help in the Canteen; We Gladly Accept Donations of Tea Towels, Tissues, Paper Towels, or Lemons. Thank You for Your Support!**